

BUNDABERG REGION

Free Alcohol and Other Drugs Information Sessions



Concerned about a family member's substance use?

Breakthrough for Families Qld is a program designed to support families and significant others of individuals affected by substance use.

Information Sessions Cover:

- Understanding substance use and its impact on physical and mental health.
- Strategies and practical plans to talk about substance use as a family, support your loved one and reduce harm.
- Connection to individual support and referrals to other community services.

The sessions aim to be culturally respectful, accessible, confidential and inclusive. All members of the community are welcome to attend.

Families are encouraged to attend both information sessions.

- Session A: Alcohol and Other Drug (AOD) Information
- Session B: Support to Families Information

TOWN	DATE	DAY	TIME	VENUE	SESSION TYPE
Bundaberg	4.6.19	Tuesday	5.30pm - 7.00pm	Bundaberg & District Neighbourhood Centre, 111 Targo St, Bundaberg	Session A
Bundaberg	11.6.19	Tuesday	5.30pm - 7.00pm	Bundaberg & District Neighbourhood Centre, 111 Targo St, Bundaberg	Session B
Gin Gin	10.6.19	Monday	10.30am - 12.00pm	Gin Gin Neighbourhood Centre, HH Innes Room, 39 Mulgrave St, Gin Gin	Session A
Gin Gin	17.6.19	Monday	10.30am - 12.00pm	Gin Gin Neighbourhood Centre, HH Innes Room, 39 Mulgrave St, Gin Gin	Session B
Childers	12.6.19	Wednesday	1.00pm - 2.30pm	Isis Cultural Centre, 49 Churchill St, Childers	Session A
Childers	26.6.19	Wednesday	5.30pm - 7.00pm	Isis Cultural Centre, 49 Churchill St, Childers	Session B

Light refreshments provided

For enquiries or to book call 1300 707 655 or email sandieb@bas.org.au

➔ www.bas.org.au/BFFQ

You are welcome to contact us with any questions.

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Breakthrough
For Families Queensland
Drug Information and Support

